



## Delivery Menu

### Breakfast—\$9.75 per person

**Everything Bagel with choice of cream cheese spread**

*(Regular, vegetable, salmon, or chives)*

**Yogurt Parfait w/ Fruit and Granola** *Mini Muffins*

**Breakfast Burrito** *Egg, potato, chorizo, cheese and green chili*

*in a flour tortilla.*

*(Vegetarian option available)*

**Whipped Egg Pastry** *Eggs, Chorizo and Basil in a muffin*

*cup pastry. Served with a basil pesto.*

**Lox and Bagel** *Smoked salmon with whipped cream cheese,*

*tomato slice and capers.*

**Fried Egg Sandwich** *Fried Egg, Swiss cheese, ham,*

*Tomato and Cilantro Mayo on toasted sourdough*

*(Vegetarian option available)*

*All Above come with a fresh fruit cup and*

*choice of Juice*

*(Apple or Orange)*

*Call for discounted pricing on large single item orders*

*(burritos, bagels, etc.)*

### Lunch—\$10.50 per person

**Deli Sandwich** *Choice of Roast Beef, Turkey, Ham or Pastrami*

*With Cilantro Jalapeno Mayo & choice of Cheddar, Provolone or Swiss*

**Italian Stallion** *Salami, Mortadella, Peperoni with Red Onions,*

*Provolone cheese, sweet peppers with a basil Mayo on a Hoagie*

**BLTina** *Bacon, Fresh Mozzarella, Tomato, Lettuce and Basil Pesto*  
*on Toasted Sourdough*

**Tuna or Chicken Salad Sandwich** *Home made Tuna or*  
*Breast Meat Chicken Salad on a Croissant*

**Chicken Club Sandwich** *Grilled Chicken breast with Bacon, Jack*  
*Cheese, lettuce, tomato and Chipotle Mayo*

**Chicken Caesar Salad** *Grilled Chicken Breast on Romaine*  
*Lettuce, shaved parmesan and a homemade Caesar dressing,*  
*Garlic Crostini Toast*

**Tenderloin Salad** *4oz sliced tenderloin, Fresh Spring greens, Blue*  
*Cheese Crumbles, Walnuts with a Raspberry Balsamic Dressing, Garlic*  
*Crostini Toast*

**Tuna or Chicken Salad** *Tuna salad over fresh greens, tomato,*  
*avocado, sprouts, hardboiled egg with a homemade balsamic dressing,*  
*Garlic Crostini Toast*

**Garden Salad** *Fresh Greens, tomato, cucumber, hardboiled egg with*  
*choice of dressing. (Balsamic, Ranch or Blue Cheese) Garlic Crostini Toast*

**Chef Salad** *Fresh Greens, tomato, cucumber, hardboiled egg, red on-*  
*ions, Ham, Turkey, Mozzarella cheese With choice of dressing. (Balsamic,*  
*Ranch or Blue Cheese) Garlic Crostini Toast*

*All Sandwiches can be made as a wrap if requested.*

*All Sandwiches served with Lettuce, Tomato and Sprouts*

*(Onions upon request)*

*Choice of Bread - Sourdough, Wheat or Gluten Free wheat berry*

*All above served with Potato Salad, a Pastry or Cookie of the*  
*day Pickle Spear and a bottle of water*

*Substitute potato salad with small side salad additional \$0.75.*

### Hawaiian Plate —\$11.50 per person

**Shoyu Chicken** *Braised chicken thighs cooked in a ginger,*  
*soy and brown sugar sauce*

**Kalbi** *Marinated Short Ribs grilled and topped with sesame and*  
*green onions.*

**Chicken Katsu** *Thinly sliced chicken breast dipped in egg and*  
*panko bread crumbs, fried and served with a Tonkatsu sauce*

*All Hawaiian lunches come with 2 scoops of white “sticky” rice,*  
*Mac/Potato salad and Macadamia Nut cookie - 10 Minimum Order*

### Drinks, Sides & Sweets

**Side Salad** *Fresh Greens, tomato, cucumber, hardboiled egg with*  
*choice of dressing. (Balsamic, Ranch or Blue Cheese) \$3.50*

**Tomato Cucumber Salad** *Tomatoes, Cucumbers and Green*  
*Onion on a bed of Arugula with a Ginger Sesame Dressing \$3.50*

**Potato Salad** *With Cilantro, olives, carrots, eggs \$1.50*

**Soda (12oz can)** **Chocolate Chip Cookie**

Pepsi, Diet Pepsi, 7-Up Diet 7 **\$0.50**

-Up, Root Beer, Iced Tea

**\$0.75**

**Chips \$0.75**

**Blueberry Muffin \$1.00**

**Macadamia Cookie**

**\$0.50**

**Fruit Cup \$2.50**

**Plain Bagel and Cream**

**Cheese \$3.00**

*All Menu items can be ordered as Platters and Trays.*

*Please call for Pricing*

*Please let us know if there is a custom menu item you*

*would like. If possible, we would be happy to*

*accommodate your needs*

*Please order at least 24 hours prior to scheduled delivery*

*date and time. Orders are taken until 5pm, 7 days a week*

**F Friends and Family Favorite. Gotta have it!!**

**720-290-5407**  
 www.FareEssentials.com